




BRAIN BREAK GRID

Bake or cook something.	Make or do a jigsaw puzzle.	Make a treasure/scavenger hunt around your house.	Build a blanket fort.
Try some origami! https://web-japan.org/kidsweb/virtual/origami2/exploring01_04.html	Take a Virtual Tour of a Farm - https://www.farmfood360.ca/	Home safari on http://cincinnatizoo.org/news-releases/cincinnati-zoo-is-bringing-the-zoo-to-you/	Draw, build or paint a habitat for an animal of your choice. Brainstorm what you will need to do to care for this animal
<p>Animal Antics Use your body to pretend to be different animals:</p> <p>Snake: slither across the floor</p> <p>Butterfly: flutter around the room</p> <p>Elephant: stomp with both feet</p> <p>Kangaroo: bounce around</p> <p>Frog: hop like a frog</p> <p>Flamingo: stand still on one leg</p>	<p>Brilliant Ball Skills Use balls of different sizes to bounce, throw, catch, roll, kick, score goals, dribble or dribble around cones!</p>	<p>Chalk It! In an outdoor space, use chalk to make big patterns! Chalk wavy, curly, zig zag lines, numbers or letters. Can you then hop, walk or skip over the lines you have chalked?</p> 	<p>Wonderful Walking Walk forwards, backwards, eyes open, eyes closed, sideways, on tiptoes, heel to toe and then take giant steps.</p>
<p>Visit https://www.abcya.com/ and choose a game.</p> 	<p>Make a sticker book Paper? Check. Stickers? Check. Staples? Check. Make a sticker book, then decorate it.</p>	<p>Do some Yoga: https://www.youtube.com/user/CosmicKidsYoga</p> 	<p>Do a Just Dance off YouTube OR Go Noodle' Guided Dancing https://app.gonoodle.com/</p>
Make playdough.	Make your own kite.	Make or play a board game.	Play with your siblings
Go on to Google Earth and explore a city https://earth.google.com/web/	Spend some time doing some chores around the house.	Play a game of chess or checkers with a family member.	Make a find-a-word for someone to do, or do a find-a-word yourself.
<p>Have an indoor picnic Grab a sheet, whatever food you have, and enjoy a living room picnic (without the ants). You can even play that memory game at the same time: "I'm going to a picnic and I'm bringing..." Each person takes turns remembering (in order) what everyone is bringing and then adds one thing each turn.</p>			<p>Learn to tie your shoe laces, how to do up your buttons, how to get your swimmers on and off.</p>