

A Proud Member of
Kincumba Learning
Community

Copacabana Public School

Term 1 Week 6 2021

Effort Earns Success

Swimming Carnival 2021



Coming Events

March 2021

Tuesday 9th
Zone Swimming

Tuesday 16th
Photo Day

22nd March—31st
March
Parent Teacher
Interviews

Friday 26th
Cross Country

April 2021

Thursday 1st
Last day of Term 1



NSW DEPARTMENT OF EDUCATION

Principal's Message

"Tell me and I forget. Teach me and I remember. Involve me and I learn." Benjamin Franklin

Welcome to Week 6

I am constantly impressed by the levels of dedication and commitment shown by our teachers at Copacabana Public School. They are consistently going to great lengths to ensure our students receive a high-quality education in a caring, supportive and nurturing environment. Our teachers have been participating in a range of professional learning activities before and after school. This year, our focus has been on creating a strong learning culture- "Visible Learning and Teaching" by embedding high impact teaching strategies in lessons to maximise student learning. Throughout the term, we have been working on our school's strategic improvement plan for 2021-2024. At Copacabana Public School, we are so honoured to have such talented teachers and wonderful students.

Citizens of the Month

Last Friday, we held our first Values Assembly for 2020. I was very proud of all the students who were acknowledged for their wonderful efforts in the value of active PARTICIPATION in their school work, extra-curricular activities and application to learning tasks. Thank you to the school leaders and to Mrs Walters for organising this special event.



Quality Classrooms

Last week, I had the greatest pleasure visiting K/1W and KB children in their classrooms. I loved observing how well the children are listening to instructions, engaging in their learning and becoming very independent. Well done, Kindergarten and Year 1!

Swimming Carnival

The annual Swimming Carnival was held on Wednesday, 25th February at Woy Woy Swimming Pool, Peninsula Leisure Centre. This was a fantastic day with all teachers being super proud of the participation and outstanding behaviour of our students. I was impressed by the way that all students got in and “had a go”. There were many amazing performances from our students and I loved watching the great sportsmanship and team spirit shown by all our students.

A very big thank you for all the staff and especially to Mr Smyth and Mrs Montgomery for their organisation of the swimming carnival.



Scripture and Ethics

Scripture and Ethic classes have now commenced and all children have been placed into their class for 2021. If your child wishes to change groups please send in a note to Mrs Woodham stating the changes. No changes can be made without written permission. Thank you for your cooperation. Thank you, to Mrs Woodham for her organisation of Scripture and Ethic classes for 2021.

Extended Leave from Attendance

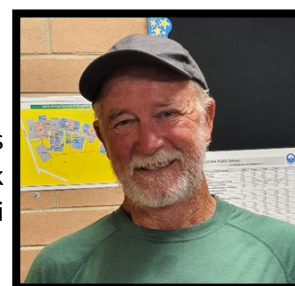
If you are planning a family holiday during the school term, for more than 5 days parents need to apply for an Application for Extended Leave from school. An application for Extended Leave – Travel can be collected from the office. Once completed please return to the Principal at **least two weeks** prior to the leave then an approved Certificate of Extended Leave – Travel is issued. The original certificate is signed, copied for school records and returned to parents. These need to be carried during leave as it must be produced when requested by police or other authorised attendance officers.

NAPLAN

The students of Years 3 and 5 will be participating in the NAPLAN (National Assessment Program Literacy and Numeracy) testing early next term. These tests provide teachers with valuable information about student progress and give directions to teachers for future planning. The NAPLAN tests will be conducted from **11–13 May**.

Best wishes Mr Davis...

We wish Mr Mick Davis all the best on his holiday trip to outback NSW. Mr Davis is cycling his way through many remote country towns as part of his long service adventures. We look forward to seeing Mr Davis return back in June. A special welcome to Mr Wayne Metti (Relieving GA) who joins the Copacabana team whilst Mr Davis is on leave.



Best wishes Mrs Barber...

We would like to wish Mrs Barber and her family all the very best as she commences her maternity leave. Kat is a valued team member of our office staff who you have all come to know over the years, especially the children. Good luck Kat, we will miss you.



Yours in Education

Mary Hunt (Principal)

School Photo Day – Save the date!

Please note that the school photo day for 2021 will be held later in the term on Tuesday, 16 March. Thank you to Mrs Mumford and Mrs Woodham for your advance organisation of this special event.

Parent Teacher Interviews

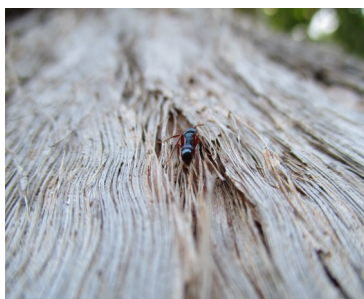
Teachers are looking forward to seeing parents at the parent/teacher interviews later in the term in weeks 9 and 10. Our class teachers will schedule the times they are available. There will be opportunities for interviews to be held before school and late afternoon. These will be at the discretion of your child's teacher.

To help with the organisation of the interviews, this year we are again using the online booking system. An information note will be sent home on Thursday 4th March outlining how to access and log on to make a booking.



5 Lands Photography Workshop

A professional photographer visited Copacabana Public School to run a full day workshop for a group of our Stage 3 students. The day started with the students looking at sample pictures that illustrated a range of photographic fixed techniques. The students were then provided with a camera to use for the day and received instructions on how to use some of the creative features available in the camera menu. At the end of the day, everyone printed their 5 favourite photos to take home and also selected their best picture to be included in a display.



School Song

Below are the words to our school song. Our Kindergarten students attended their first Values assembly last week and are starting to learn the words of our school song and National anthem. Why not have a sing along at home and discuss the school song with your children!



**We are gathered here together
In a school which we esteem,
Where the pupils and the teachers
Work together as a team.
Sport and lessons, we enjoy
Let us pledge each girl and boy
To be our best and love our land
Copacabana, Copacabana
We are proud of this our school.**

From the Learning Support Team

Wellbeing – Resilience

At a Glance

- Resilience is an important life skill for children.
- Being resilient can help kids learn coping skills and find solutions to problems.
- There are many ways you can help your child develop resilience.



The Old Concept of Resilience

We know resilience is important. But what exactly does it mean? For decades, resilience was seen as the ability to recover from disaster and hardship. Researchers focused on how kids and adults bounced back from tragedies like hurricanes, fires and floods. They studied why some people get “back to normal” quickly while others continue to struggle.

Parents typically viewed resilience in a similar way. They’d think of it in terms of how quickly their child bounced back from a serious illness, accident or other major event. In other words, resilience was something their child “showed” when faced with a big challenge.

The New Way of Thinking About Resilience

Today, resilience has a much broader meaning. For researchers and professionals working with kids, it’s not just about “bouncing back.” It’s about “bouncing forward.” Resilience doesn’t just mean getting back to normal after facing a difficult situation. It means learning from the process in order to become stronger and better at tackling the next challenge. It’s not limited to tragedies or major life events, either. Resilience applies to more common struggles too. In fact, when kids respond to any type of challenge—including trouble with learning—it creates an opportunity to bounce forward. It helps them learn coping skills and how to find solutions to problems.

Helping Your Child Develop Resilience

Resilience was once thought of as a character trait that was more or less set in stone. But professionals now view it as a skill that can be actively taught. The key to resilience is mindset: how we think about whatever challenge we’re facing. Teaching resilience to kids involves preparing them for challenges. That includes reflecting on how they handled them and discussing other solutions to the problem.

Here are some ways to help your child build resilience:

- Expose them to challenges
- Don’t jump in to fix things
- Let consequences do some of the teaching
- Talk about the lessons learned
- Avoid a “sink or swim” situation

If you would like to read more about the pressures on children today and how to address them, below is a link to a good article titled, Why Are Kids So Anxious These Days.

<https://www.psychologytoday.com/blog/nurturing-resilience/201609/why-are-kids-so-anxious-these-days>

Selective High School Exam

Students in Year 6 who have applied for a place at a Selective High School are required to sit the exam on Thursday 11th March 2021 from 9am until 1.30pm. Our students will take this exam at Terrigal High School. All families should have received a letter from the Department of Education outlining the routines for the day.

Cyber Safety

At this time of year, I would like to remind you to speak with your children about inappropriate comments and videos on social media sites, as well as potential dangers whilst coming to and from school. Please make some time to talk with your children about cyber safety. There are many useful sites on the internet to help you initiate these conversations, including cybersmart.gov.au, saftey4kids.com.au and kidsafensw.org.

These are some helpful suggestions:

Educate your children on internet safety early

- Teach them appropriate netiquette
- Warn children of the consequences of their online behaviour: There may be criminal sanctions attached; they may not be able to undo their actions
- Teach them that people are not always who they seem; never meet someone they know online
- Teach them about **what to do** if they experience something unpleasant, uncomfortable or confusing

Set boundaries

- Limit the time children spend on the internet

Guard Privacy

- No personal details should be publicly available
- Usernames should not identify you
- Use high level privacy setting on sites such as Facebook if your child is over **13** years of age

Guard Security

- Never share passwords
- Never become friends with strangers
- Know your kids' passwords so you can access their accounts.

Monitor History

- Check the history on the internet browsers, or message registry on your child's phone
- Ensure chat sessions are archived

Most importantly, talk your children

- Know which sites they need to access
- Know social media forums your children are using –are they age appropriate?
- Build trust and boundaries early



News from the Office

Our office hours are 8.30am—3.15pm

Messages to students

Please contact the office by 2pm with any changes to travel arrangements to ensure your child receives the message in time.

Other Important Information

- If you have changed your phone numbers, address or emergency contact numbers, please phone the school office (4382 1766) or send a note to the office with updates. You can also email changes to Copacabana-p.school@det.nsw.edu.au
- Are you receiving our newsletter by email? If not, please contact the office.

Online Payments

It is very easy for parents to make online payments to the school via a secure payment page hosted by Westpac. Payments can be made using either a Visa, MasterCard, credit or debit card and can be made via computer, tablet or mobile phone. This is a secure payment system hosted by Westpac to ensure that your credit/ debit card details are captured in a secure manner; these details are not passed back to the school. The DoE preferred method for all money coming into the school is the Payment On-line facility (POP) through the school's website:

Copacabana-p.school@det.nsw.edu.au



Helpful Hints

- If a POP payment is made before 6pm, your payment will be processed on the next day's school statement.
- If it is made after 6pm, the school will be notified two days later.

Please ensure that on your child's permission note, you fill in the section for POP which will require the receipt number.

P&C AGM

The Annual AGM for our P&C will be held on Tuesday 9th March. The meeting will commence at 6.30pm in the staffroom. At this meeting P&C Executive positions will be filled. People will be elected into the positions of P&C President, Vice-President, Secretary and Treasurer along with other roles and responsibilities. Our P&C is a terrific group of parents working to support the interests of our students and school community.



SPORTS REPORT



Nippers

Congratulations to all the Copacabana PS students who won awards in the 2019-2020 Nippers season!

Junior team of the Year U9 Boys

Koh E

Beau H

Bob S

Eddie R

Charlie B

Brooksys Beginners Grace H

Junior most improved Finn M

Sportsmanship Dallas W, Lanie A, Ella S

State Finalists Cooper H **Sprint finalist**

Flags finalist Beau H

Sprints finalist Koh E

Age Manager Awards Trophies

U6 Age Managers Award Orion C

U6 Most Improved David D

U7 Age Managers Award Teddy S

U7 Encouragement Award Issac L

U8 Age Managers Award Ryhs D, Amelie P

U8 Most Improved Bailey B

U9 Most improved Bob S

U10 Age Managers Award Kye G

U10 Most Improved Tyler S **Airlie W**

U11 Age Managers Award Rhys H

U11 Most Improved Roden M, Billy H

Age Champions

Under 8

1 Finn M Henrietta B

2 Ryder P Hailee P

3 Rhys D River L

Under 9

1 Koh E

2 Beau H

3 Eddy R

Under 10

1 Tyler S Daisy R

2 Cohen H Jamilia M

3 Charles B

Under 11

2 Roden M 2 Billie H

2 Rhys H

Zone Sport

Basketball

The combined trials for SCCPSSA/BWPSSA both girls and boys basketball took place on Tuesday 9th February from 9am - 11am at Niagara Park Stadium. Axl M, Will G and Josie K were selected to go to the trial. Both Josie and Will were selected. Unfortunately for Axl he was not this time around. A tremendous achievement for all athletes! Well done!



Rugby League

Congratulations to the boys who trialled for the SCCPSSA Rugby League teams (11s and Opens) on the 17th of February. The trials ran smoothly and all boys played the game in great spirit, displaying plenty of skill. Lucky the weather held off for the most part too! All Copa boys that trialled made the team. Congratulations to Kobie M, Tyler S, Beau H, Oliver Mand Jake K. The boys will be heading to the SCCPSSA/Wallarah/Tuggerah Lakes combined trial on the 11th March.



Tennis

A congratulations to Josie K, Raff F, Will G who successfully trialled for Zone Tennis. Congratulations to Josie K on making it though to North Sydney trials!



School Photos 2021

School Photo Day is **Tuesday 16th March, 2021**. An information note and photo envelope was sent home in Week 4. Please return this envelope before or on photo day.

The following photos will assist you to ensure students are dressed in full school summer uniform for their individual, class, group and whole school photos.

Kindergarten to Year 4 Girls



Summer Dress
White Socks
Black School Shoes
Navy blue or light blue hair accessories

Kindergarten to Year 4 Boys



Blue Dress Shirt
Grey shorts
Grey Socks
Black School Shoes

Year 5 & 6 Girls



Senior Skirt
School Polo Shirt
White Socks
Black School Shoes
Navy blue or light blue hair accessories

Year 5 & 6 Boys



Blue Dress Shirt/School Polo Shirt
Grey shorts
Grey Socks
Black School Shoes





Values Education Assembly February Participation

KB	Kiarna S
K/1W	Lachlan H
1M	Ellie R
1/2LP	Tom C
2C	Zoe H
2/3R	Scarlett S
3/4M	Charlotte D
3/4S	Tom R
4/5S	Maya T
5/6F	Roden M
5/6R	Arianna M
5/6W	Kai H

K-2 Assembly Week 4

Class	Student
KB	Fletcher D
	Drew M
	Mila G
	Sunny T
K/1W	Charlotte M
	Harvey R
	Ash H
	Arlo N
1M	Malia H
	Seth H
	Annika D
1/2LP	Koby K
	Ethan K
	Kalani C
	Macey B
2C	Aurora F
	Taj L
	Grace R
2/3R	Tommy D



3-6 Assembly Week 4

Class	Student
2/3R	Hana A
	Malachi K
	Madison S
3/4M	Charlotte D
	Jude H
	Kael G
	Holly S
3/4S	Leo M
	Darcy S
	Ava T
	Oceana C
4/5S	Finley S
	Jonah W
	Will F
	Eloise H
5/6F	Asha E
	Jack C
	Angela D
	Sadie C
5/6R	Kai D
	Hayden A
	Constancia K
	Daisy R
5/6W	Lauren K
	Nami C
	Charles B
	Pierre K
LAST/ SCI- ENCE/ STEM	Miller B
	Ezra T
	Beau H

A Message from your P&C...

Annual General Meeting

Our **Annual General Meeting** (AGM) will be held next week on **Tuesday 9th March** at **6:30pm**, with our normal March meeting to follow. Everyone is welcome to attend (up to our 30-person Covid limit).

If you have any questions about our AGM, feel free to contact me at copapandc@gmail.com

Canteen

Burger Week this week only – Homemade Chicken and Beef Burgers for \$6. If you haven't ordered one already, place your order on Qkr! for tomorrow.

Make sure you get the **Remind app** and join the Canteen 'class' using the code **@copasnacks** to be the first to hear about Canteen Specials and anything else that is happening. If you have any questions about the Canteen, message Kim on Remind or email her at copacanteen@gmail.com

Uniform Shop

The Uniform Shop is open **Thursdays** from 8:30-9am. Avoid the queue and where possible, please make use of the online ordering system. Your order will be packed and delivered to your child. Follow this link to the Uniform Order Form .

If you need to contact Jemma or Beckie, our wonderful Uniform Shop Managers, join the Uniform Shop on **Remind**, using class code **@copaunif** .

The P&C is in the process of adding the Uniform Shop to Qkr! to allow online ordering and payment. Stay tuned for more information.

If you ever have any questions about the P&C, please don't hesitate to contact me at copapandc@gmail.com I look forward to hearing from you.

Lucy Wenzke

President



After School Care News

The first Term of school is well under way and we are so proud of all the new Kindergarten children who are settling in so well. It's always very exciting for us to see new faces and to get to know their personalities.

They are getting more confident each time they come in and getting used to all the normal routines at After School Care.

Code of conduct

Last time I wrote about our code of conduct policy. We did ask the parents to read the policy through with their children, discuss and sign the form.

I have to say that I've received some good feedback about the policy and that everyone took the time and effort to go through it and to bring the forms back.

The children have been more sensible ever since and we think it has helped them realise that we are at the centre to have some fun but in a kind and caring way. It certainly makes us happy to see the changes it has made so far.

Homework corner

We have introduced a homework corner for the children to sit and work together.

This is a table where all ages can come together, work on their homework and where they can help each other out if help is needed.

It is going well, and we think it is another positive way of getting them to do their homework after school.

Chinese New Year

From Friday 12th February onwards, we started to celebrate Chinese New Year. Chinese New Year celebrations are lasting for 16 days. During those weeks we made Chinese lanterns and the children learned how to write Chinese.

We had a variety of Chinese afternoon teas, like fried rice, money bags and spring rolls. We also discussed the year of the Ox.



COPA CANTEEN MENU

OPEN WED, THURS, FRI

Order online on Qkr! Daily cut off at 8:55

HOT FOOD:

Lasagne *	\$5.00
Mac & Cheese *	\$5.00
Nachos Veg/Mex *	\$5.00
5 x Nuggets	\$4.50
Sauce	30c
Mini Pie	\$2.50
Mini S/Roll	\$2.50
Toastie *	\$4.00
(cheese or ham/cheese)	
Add tomato	50c

DRINKS:

Water	\$1.50
Chill 'J'	\$2.50
Popper Juices	\$2.50
Chocolate milk	\$2.50
Strawberry milk	\$2.50

* = canteen made

SANDWICHES: *

Cheese, Ham/cheese,	
Egg/mayo, Chicken/mayo,	
Tuna/mayo, all:	\$4.00
Add tomato	50c
Vegemite	\$3.00

EXTRAS:

Boiled egg	\$1.00
Carrots & cheese	\$1.50
Crackers & cheese	\$1.50
Corn cob	\$1.50
Banana Bread *	\$1.50
Anzac Biscuit *	50c
Popcorn	\$1.00

FROZEN:

Moosie	\$1.50
Twisted frozen yoghurt	\$2.50
Quelch stick	\$0.70
Fruit sorbet *	\$1.50
Frozen fruit	\$0.50

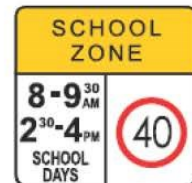
Specials will be posted on
Canteen Remind and Facebook

Remind classcode: @copasnacks
E-mail: copacanteen@gmail.com

Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

- ✓ A **School Zone** is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. The school zone speed limit only applies on gazetted school days and during the times shown on the sign.



- ✓ **School Bus lights** – buses use signs and orange flashing 'wigwag' lights to warn motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing for about 30 seconds after the doors close and continue even after the bus moves off. You must not drive past the bus in the same direction at more than 40 km/h while the 'wigwag' lights are flashing as there may be children crossing or about to cross the road.



- ✓ A **No Parking Zone** means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up.



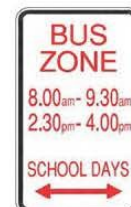
THESE SIGNS MEAN YOU MAY STOP HERE TO DROP OFF / PICK UP

BUT YOU MUST

- stop for up to 2 minutes only
- stay within 3 metres of vehicle

**Kids look to you to keep them safe - please park legally in school zones
HEAVY FINES and DEMERIT POINTS APPLY**

- ✓ A **Bus Zone** means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times.



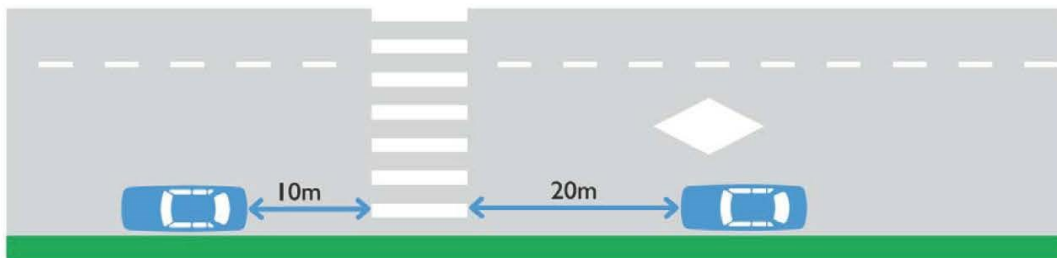
- ✓ A **No Stopping Zone** means no stopping at any time.



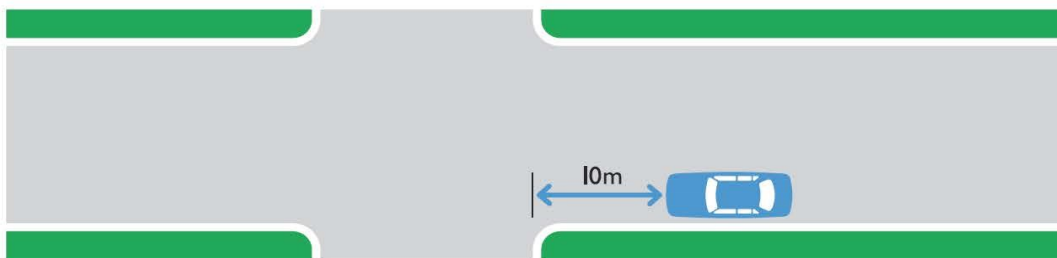
Other times when you must not stop

You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

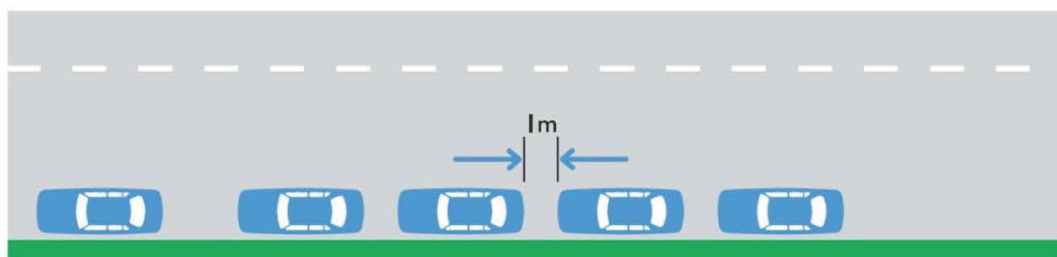
- ❌ Double parked (that is in the road alongside a car that is parked)
- ❌ Across a driveway or footpath
- ❌ On a median strip or traffic island
- ❌ On footpaths and nature strips
- ❌ On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing



- ❌ Within an intersection
- ❌ Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise



- ❌ In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas
- ❌ At least one metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



- ❌ Within three metres of any double centre lines
- ❌ Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules around your school will assist in providing a safe environment for the school community and residents.



School Banking is back

School Banking is back.

School Banking is a fun, interactive and engaging way to help young Australians learn about money and practice good savings habits. For each weekly deposit made at school, students will receive a token. Once they collect 10 tokens, they can redeem them for a School Banking reward.



If you would like to know more about School Banking, please visit www.commbank.com.au/schoolbanking



Happy Birthday to these students who have recently celebrated

Josie K

Rylan W

Lara B

Jarrah H-M

Archer J

Charlotte D

Levi O

Caleb D

Madison S

Byron K

Taj L

Ruby M

Isabelle S

Frankie L

Thank You to our
2021 Gold Sponsors



Your family's paws in our caring hands

4363 2222

436 Empire Bay Drive

www.beachandbayvet.com.au



McGrath



Thank you!

2021 Registrations

Minis (5 - 9 years) \$120
Mids (10 - 12) \$170
International (13 - 17 years) \$170
Girls League Tag (13, 15, 17) \$170
Girls Tackle (13, 15, 17) \$170

Existing players receive 2021 Club Hoodie
 New players receive 2021 Club Hoodie & Club Sponsor Polo

To register head to our website
www.terriganjuniorsharks.com.au
 Eng: secretary.twjht@gmail.com



Come and Play for the KINCUMBER COLTS

KINCUMBER COLTS JUNIOR RUGBY LEAGUE
 New and returning players can register online now for season 2021 by going to www.kincumbercolts.com.au

We are a successful family friendly club where players of all ages and abilities are welcome

Register for the \$100 Active Kids voucher and check out our Website, Facebook or Instagram page. Cost inc: Insurance, Club Polo, Playing Shorts and Socks.

Under 6's to 9's - \$150
 U10's - U17's - \$185
 Girls U13, U15 & U17 League Tag - \$185
 Girls U13, U15 & U17 Tackle - \$185
 Girls playing both only pay \$205

All enquiries to:-
 > Registrar Nicola Oldfield - 0403 752 717 or
 > secretarykincumbercolts@outlook.com



Register now!

SARATOGA HAWKS
Saratoga HAWKS JAFC

Suzanne Sapsford 0423 036 697
registrar@sarahawks.org.au
 Open for Boys and Girls 5-15

 Sign up for junior footy **play.afc**




J&B DANCE & ACROBATICS **ENROL NOW FOR 2021**
Kincumber Primary School

TUESDAY - 5-9 YEARS
 3:00 PM - Concert Contemporary
 3:30 PM - Jazz Technique
 4:00 PM - Jazz Concert
 4:30 PM - Concert Hip Hop
 5:00 PM - Concert Acrobatics

THURSDAY - 10+ YEARS
 3:00 PM - Concert Contemporary
 3:30 PM - Jazz Technique
 4:00 PM - Jazz Concert
 4:30 PM - Concert Hip Hop
 5:00 PM - Concert Acrobatics

Register for your First Week Free!

www.jbdance.com.au info@jbdance.com.au 0401 473 457



tiny DANCERS ACADEMY

Dance classes for girls and boys
 3 years – Year 6 at school

Copacabana Public School Hall

Ballet Lyrical Jazz Musical Theatre

Ph: 0410 693 700
 Email: tinydancersinc@yahoo.com.au
www.facebook.com/tinydancersinc

H&H CATERING

5 STAR SWIM SCHOOLS
KINCUMBER • WYOMING • ERINA

Avoca Dr Kincumber **4369 1321**
 Kerta Rd Kincumber **4368 2422**

~ Call for a FREE Assessment ~
BABIES • LEARN TO SWIM • SQUADS




JUMP STREET
School of Performing Arts
 All Styles: Beginners to Adult
 Kincumber : Saratoga : Wamberal
0414 682 755
jump_street@live.com.au



